

AKHBAR : BERITA HARIAN

MUKA SURAT : 16

RUANGAN : NASIONAL

Skim Perubatan MADANI inisiatif rintis bantu golongan B40

Perkhidmatan, rawatan di klinik perubatan am swasta kini boleh dinikmati secara percuma

Kuala Lumpur: Perkhidmatan dan rawatan di klinik perubatan am swasta (GP) kini boleh dinikmati golongan B40 secara percuma melalui satu lagi inisiatif rintis kerajaan, dinamakan Skim Perubatan MADANI.

Skim berkenaan kali pertama diumumkan Kerajaan Perpaduan dalam pembentangan Belanjawan 2023 pada Februari lalu.

Mulai 15 Jun lalu, kemudahan itu ditawarkan secara automatik kepada semua penerima Sumbangan Tunai Rahmah (STR).

Secara keseluruhan, inisiatif ini dijangka memberi manfaat kepada 700,000 isi rumah dengan peruntukan sebanyak RM100 juta.

Ia adalah sebahagian daripada komitmen kerajaan bagi membantu golongan B40 yang kurang berkemampuan untuk mendapatkan rawatan perubatan di klinik swasta.

Pada masa sama, langkah berkenaan bermatlamat meringankan beban Kementerian Kesihatan (KKM) yang berdepan pelbagai situasi meruncing termasuk kesesakan di hospital

dan klinik kerajaan, yang mengakibatkan tempoh menunggu untuk mendapatkan rawatan menjadi lebih panjang dan menyebabkan ketidakselesaan kepada pesakit.

Penerima STR yang sebelum ini bergantung kepada klinik kesihatan kerajaan, kini diberi pilihan bagi perkhidmatan penjagaan primer akut di klinik swasta yang berdaftar.

Penerima manfaat boleh mendapatkan rawatan percuma selama beberapa kali sehingga peruntukan bagi setiap isi rumah habis digunakan.

Peruntukan ikut kategori

Prapendaftaran untuk menggunakan kemudahan ini cukup mudah. Penerima STR dan tanggungan mereka hanya perlu membawa kad pengenalan ketika mendapatkan rawatan di GP yang berdaftar di bawah Skim Perubatan MADANI.

Peruntukan bagi setiap isi rumah adalah berbeza mengikut kategori masing-masing. Bagi setori isi rumah berkeluarga, jumlah rawatan secara percuma sehingga akhir tahun ini dihadkan sehingga RM250, warga emas tanpa pasangan sebanyak RM125 dan bujang (RM75).

Perkhidmatan percuma ditawarkan di klinik swasta terpilih ini termasuk konsultasi, pemeriksaan, ubat-ubatan, prosedur dan rujukan yang akan diberikan.

Setakat ini, lebih daripada 500 pesakit dalam kalangan penerima STR telah mendapat manfaat menerusi skim ini.

Antara rawatan pesakit luar bagi kes akut ditawarkan ialah rawatan untuk demam selama, cirit-birit, muntah, terseliuh, sakit kepala dan trauma ringan.

Pelaksana skim ini, ProtecHealth menyasarkan sebanyak 700 GP akan berdaftar sebagai klinik panel Skim Perubatan MADANI menjelang akhir September. Pendaftaran masih dibuka kepada GP yang berdaftar di bawah Cawangan Kawalan Amalan Perubatan Swasta (OKAP).

Sehingga kini, sebanyak empat sesi penerangan dan latihan kepada GP telah dijalankan dan dijangka sebanyak 10 sesi lagi akan dilaksanakan bagi mencapai sasaran GP yang berdaftar untuk skim ini.

Buat masa ini, perkhidmatan Skim Perubatan MADANI yang ditawarkan secara percuma sehingga 31 Disember sudah dimulakan di 10 daerah, membabitkan tujuh negeri iaitu di Kuala Lumpur, empat daerah di Selangor iaitu Gombak, Hulu Langat, Klang dan Petaling, Timur Laut (Pulau Pinang), Johor Bahru (Johor), Kota Kinabalu (Sabah) dan Kuching (Sarawak).

Maklumat lanjut mengenai Skim Perubatan MADANI, termasuk senarai klinik panel boleh didapati di laman sesawang ProtecHealth.protecthealth.com.my/skimperubatanmadani atau hubungi 03-8687 2525.

Bagi mendapatkan maklumat mengenai inisiatif lain di bawah Belanjawan 2023, layari belanjawan.mof.gov.my/manfaat.



Penerima STR dan tanggungan hanya perlu membawa kad pengenalan untuk prapendaftaran bagi mendapatkan rawatan di GP yang berdaftar di bawah Skim Perubatan MADANI.



SKIM PERUBATAN MADANI

Skim Perubatan MADANI merupakan satu inisiatif rintis yang diwujudkan bagi mengatasi isu kesesakan pesakit di kemudahan kesihatan kerajaan.

Skim ini akan menampung keperluan kesihatan golongan B40 untuk mendapatkan perkhidmatan penjagaan primer akut (rawatan pesakit luar kes-kes akut) daripada pengamal perubatan swasta umum (GP) yang berdaftar.

Penerimaan

RM100 juta

menerusi Belanjawan 2023

Sasaran

700 ribu

ahli isi rumah B40

Bermula

15 Jun 2023

TASA RINTIS SKIM PERUBATAN MADANI

- Johor Bahru, Johor
- Kuala Lumpur
- Klang, Selangor
- Petaling, Selangor
- Hulu Langat, Selangor
- Damansara, Selangor
- Kuala Terengganu
- Timur Laut, Pulau Pinang
- Kuching, Sarawak
- Kota Kinabalu, Sabah

KELAYAKAN SKIM PERUBATAN MADANI

- ✓ Penerima Sumbangan Tunai Rahmah
- ✓ Kelayakan adalah secara automatik
- ✓ Tidak menerima mana-mana manfaat yang seumpama Skim ini daripada mana-mana skim majikan, Kerajaan Negeri dan agensi perubatan lain

MANFAAT RAWATAN PERCUMA SKIM PERUBATAN MADANI

Isi rumah berkeluarga	Berapa orang tanpa pasangan	Bujang
RM250	RM125	RM75

PAWATAN PESAKIT LUAR KES- KES AKUT

- Demam dan selisma
- Cirit-birit dan muntah
- Terseliuh
- Sakit kepala
- Trauma ringan dan lain-lain

Hubungi kami untuk maklumat lanjut

www.protecthealth.com.my/skimperubatanmadani

03-8687 2525

Rawatan percuma Skim Perubatan MADANI inisiatif kerajaan bagi menampung keperluan kesihatan golongan B40.



AKHBAR : THE STAR
MUKA SURAT : 12
RUANGAN : NATION

12 Nation

'Distress calls on the rise'

MMHA: More people reaching out since suicide bids decriminalised

By GERARD GIMINO
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PETALING JAYA: Distress calls related to feelings of suicide have been on the rise since the government's move to decriminalise suicide attempts, with more now open to seeking help, says the Malaysian Mental Health Association (MMHA).

Its president Datuk Dr Andrew Mohanraj said there was a 20% increase in calls to its centre from those with suicidal inclinations.

"This could be related to repealing this particular piece of legislation, which was likely to have been a barrier to help-seeking behaviour," he said.

MMHA, he said, generally received about 180 to 200 calls monthly from those seeking help for various kinds of psychological distress.

He added that callers who expressed suicidal thoughts were also found to be open about their feelings, expressing hopelessness and loneliness as well as negative coping strategies like increased use of sleeping medication and alcohol.

However, Dr Andrew said most were keen on receiving appropriate support.

"This is a welcome development as many would previously

shy away from receiving help despite expressing their feelings," he added.

Stigma, he explained, was the biggest contributor to the high treatment gap for mental conditions in Malaysia.

"Our treatment gap is at 80%. This means for every 10 persons needing mental health support, only two reach out for help.

"As far as suicide is concerned, stigma involves negative perceptions that suicidal people are weak and are therefore unable to cope with their problems, make a fuss over nothing or are just selfish," he said.

He added that those with previous histories of suicide attempts or those with family members who committed suicide were victims of social stigma.

Internalised stigma posed a significant risk factor for suicide while also acting as a barrier to help-seeking behaviour, he said.

"There is also a self-stigma experience by those with a personal experience of suicide attempts or depression who are ashamed of their behaviour or experience.

"This reduces their self-esteem, moving them away from seeking help," he said.

Befrienders KL publicity director Ardy Ayadali said the support

group received some 4,466 distress calls from May 23 to July 18 this year, while 4,613 calls were recorded in the corresponding period last year.

"It's still quite early to see any significant behavioural changes or how people with suicidal intention reacted to this (suicide bids being decriminalised).

"We are hoping that with the decriminalisation, more will step forward and seek help as treatment and support are available to them," he added.

For those with loved ones showing suicidal inclinations, Ardy said it was important to acknowledge and validate their feelings.

"Never diminish or brush them aside. Encourage them to talk about their distress and let them ventilate. Hear them out while avoiding being judgemental or even giving advice," he said.

It was also important to encourage the affected person to seek professional help if the suicidal intentions were strong, Ardy added. "Offer to go with them. That can be a huge help too."

On May 22, the Dewan Rakyat unanimously approved amendments to the Penal Code (Amendment) (No. 2) Bill 2023 to decriminalise attempted suicide.

Deputy Minister in the Prime

Minister's Department (Legal and Institutional Reforms) Ramkarpal Singh said among the amendments, comprising four clauses, was one deleting Section 309 of Act 574, thus removing attempted suicide as a criminal offence.

Previously, Section 309 made attempted suicide a punishable offence of up to a year in jail, a fine or both, upon conviction.

The amendments also recognise any abetment of an attempted suicide by any individual as a criminal offence under Section 306 of Act 574.

Previously, Section 306 only provided for the offence of abetment of suicide and or attempted suicide with up to 10 years in jail, and a fine upon conviction.

In addition, it would also be a criminal offence for those who abet the suicide attempt of a child, a person of limited faculties or a person in a state of intoxication under Section 305.

The two Bills related to decriminalising suicide attempts were passed in the Dewan Negara on June 20.

The Befrienders can be contacted at 03-7627 2929 or through www.befrienders.org.my while MMHA can be contacted at 017-613 3039.